



FERTILITY

Consultation Guide



Be Prepared

What questions do you have before your consultation:



Doctor's Note

Space to take notes during your consultation:



Key Takeaways

What are your next steps after this meeting?



Consultation Review & Next Steps

How do I schedule follow-up appointments (testing, nutritional services, counseling, etc.)?

Do I need to request any medical records?

After meeting with your doctor, you will also connect with your nurse, navigator, and insurance & billing advocate. Do you have any questions for them?

We're proud to offer a variety of holistic fertility wellness services and support here at RMA of Connecticut. Take a look below, and be sure to ask your clinical team how to get involved.

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| <input type="checkbox"/> Acupuncture | <input type="checkbox"/> LGBTQ+ Parents Support Group |
| <input type="checkbox"/> Fertile Yoga | <input type="checkbox"/> Nutrition Services |
| <input type="checkbox"/> Ladies Night In Support Group | <input type="checkbox"/> Private Facebook Groups |